



CYGHA House League Policy

Revised September 2022

Failure to comply with any of the policies as outlined can result in a sanction. The sanction applied, the level and length of the sanction will be based on the recommendation by the Discipline Chair and appointed committee with approval by the Executive

1. All members must abide by:

- i. OWHA rules and policies.
- ii. The OWHA and CYGHA code of conduct.

2. CYGHA House League Player Eligibility

The CYGHA is committed to players who reside within the CYGHA residential boundaries.

- i. The CYGHA shall register female hockey players for play in one of the following CYGHA House league divisions, numbers permitting, based on birth year.
- ii. CYGHA will not allow players to play outside of their division which is determined based on birth year.
- iii. Ages referred to are as of December 31st
 - Cubs (U7): 4 to 7 years
 - U9: 8 years and under
 - U11: 10 years and under
 - U13: 12 years and under
 - U15: 14 years and under
 - U18: 17 years and under
 - Senior Rec: 18 years and over
- iv. If a player has been rostered and agreed to play on an OWHA or OMHA competitive team for the same playing season that player will not be eligible for the CYGHA House League division.

3. House League Waiting List Policy

- i. Players are placed on house league teams in all divisions in the order in which they are registered, to a maximum of 16 players per team.
- ii. NSF cheques and any outstanding balance owing will see the player put on the waiting list for a period of ten (10) business days. If the balance owing has not been received and paid for by the end of the ten-day period, the held spot on a team will be forfeited and given to the next available player on the waiting list who has paid their fees.
- iii. Preference will be given to players residing within CYGHA boundaries, as outlined in the current year's residency rules and map on the CYGHA website, should there be more players than spots. Normal refund policies apply.



4. House League Refund Policy

- Refunds are determined based on the posted Refund Policy and request form on the CYGHA website which is updated annually.

5. House League Rules of Play

Please see By-Law 2.0 plus:

- No body checking is permitted at any level.
- The CYGHA operates on the principle of fair play – all players must receive equal ice time both in House League regular season and House League playoff games. Continual violation of this rule by the coaching staff will result in disciplinary action by the VP of House League and/or Disciplinary Chair. Below is the link to the CYGHA Fair Play Policy.
<http://www.girlshockey-centralYork.com/page/show/2113767-cyg-ha-fair-play-policy>
- No single player in the House League program can score 3 or more goals in any single game (hat trick rule).

6. Discipline and Appeals:

- Head Coaches must follow the OWHa process regarding player or staff suspensions. An email must be sent immediately to stats@owha.on.ca and the [VP House League](#) with Player (staff) Name, OWHa team # and the reason for (penalty) the suspension.
- Any incident requiring additional disciplinary measures must be sent to the discipline chair for review and investigation to provide the recommendation all parties involved must follow. The discipline committee will make a recommendation, approved by the executive, on applying a penalty, sanction or release.
- Any OWHa Suspension can only be appealed with approval of the CYGHA Executive, following the OWHa appeal process.
- Suspensions handed down by the CYGHA Discipline Chair may be appealed following the process in the CYGHA Constitution.

Other guidelines for House League (senior ladies exempt)

7. House League Goalies

- There shall be no dedicated goalies at the U9 (novice) and U11 (atom) levels. Teams should make a schedule at the beginning of the year that gives all players the opportunity to be goalie at least once.
- In U13 (peewee) level and above, a team may have a full-time goalie. All efforts will be made to identify these players and spread them out amongst all teams equally.
- U13 teams with a full-time goalie should offer any interested team members a chance to try goaltending. A schedule should be arranged to provide fair goaltending time for the full-time goalie and interested players.
- If at any time a player in U15 (bantam) and U18 (midget) levels that want to try goalie must be given that opportunity even if a dedicated goalie exists on that team.



8. Borrowing Goalies

- i. There shall be no borrowing goalies at the U9, U11 and U13 levels.
- ii. The process of borrowing goalies at the U15 and U18 levels will be determined annually at the beginning of the season and will depend on the quantity of goalies.

9. Borrowing players

- i. Borrowing players from other teams will be allowed if you have less than 10 skaters.
- ii. You may only borrow enough players to get your roster to 10 skaters (2 full lines).
- iii. You may not borrow the same player more than once per season.
- iv. Borrowed players must be inscribed on the game sheet or added into eGameSheet.
- v. Failure to record the players will result in that game being forfeited; the official score will be recorded as a 1-0 loss.
- vi. There shall be no borrowing skaters during any playoff game (excluding goalies).

10. Equipment

- i. The coaches are responsible for ensuring that all players are wearing all protective equipment, according to OWHA rules.
- ii. Goalie equipment (Senior House League exempt):
 - The CYGHA supplies, if required, the following equipment for all house league goalies from Cubs to U18: stick, gloves, leg pads, shoulder/arm pads/chest protectors, throat protector.
 - This equipment is loaned to the team/player for the hockey season and must be returned in good condition.
 - Replacement or repairs for abusive wear will be charged back to the parent/guardian of the player.

11. Dates for Player Evaluations

- i. As per Hockey Canada rules, U9 & U11 divisions must have 4 development skates before any player evaluations can be conducted.
- ii. Creating teams will be based on the values of equity, transparency and fairness.
- iii. There is no practice of re-balancing teams after they are formed

12. Team Staff Composition

- i) Team Staff Requirements are outlined on our website: https://cygha.com/Pages/2028/Team_Staff_Requirements/
- ii) House League Team Staff Breakdown
 - 1 Head Coach
 - 2-3 Assistant Coaches
 - 2 Trainers (must be female)
 - 1 Team Manager

House League Playoff Format and Championship Game Rules

- i. Each team plays the teams in their division once; all games are 10/ 10/ 12 minute stop time
- ii. Game curfews at discretion of tournament officials.



- iii) No overtime will be played except in championship games.
- iv) Two (2) points for a win; One (1) point for a tie; Zero (0) points for a loss.
 - o In the event of a default, the team which is not in default receives two (2) points and a 1-0 win, recorded in their favour.
 - o In the event of a game cancellation due to inclement weather, a score of 0 – 0 will be recorded.
- v) In the event of a tie at the end of the round robin, the following format will be used to determine which teams will advance.
 - Number of wins
 - Goals for, minus goals against (subject to a maximum spread of 5 goals in any one game)
 - Fewest goals allowed in round robin play (total GA subject to a max spread of 5 goals in any one game)
 - Most periods won in round robin play
 - Fewest penalty minutes
- vi) In the third period of any game, if there is a five (5) goal differential, the clock will run. Stop time will only resume if a three (3) goal differential is reached. At the sole discretion of the referee, the clock may be stopped due to an injury or intentional delay of the game by one of the teams.

Championship Games Only:

- 5 minute sudden death overtime with 4 skaters a side.
- If still tied after 5 minutes, proceed to 3 player shootout.
 - o Shooters will shoot alternately starting with Visitors and team with most goals after 3 shooters will be the winner.
 - o If still tied, the shootout will continue in a Sudden Death format. The first team to score without the other team scoring will be the winner.
 - o No player may shoot twice until all players have had the opportunity to shoot.

13. Dressing Rooms

- i. Starting in U11, no males are allowed in the dressing room (e.g. to assist players with getting dressed). Skates can be tied in the hallways. It is encouraged that all parents/guardians remain outside the change room.
- ii. Coaches are allowed in the dressing room, to prepare before or post-game, once the female coach/trainer on the team has ensured all players are dressed.
- iii. Teams should follow the '2-deep' rule, making sure when adults are in the dressing room, there are at least two adults in the room.